



# 2010 NAB AFL AUSKICK - RULES FLOW CHART

## 5 -7 Years NAB AFL Auskick Program &

## NAB AFL Auskick SupaRulz - 8 year old Auskickers

As at 1<sup>st</sup> March 2010

'SupaRulz'

|  | NAB AFL Auskick Program for 5-7 Year Olds   | NAB AFL Auskick SupaRulz 8 year Olds   |
|--|---|--|
| 1. Playing Field                                     | Half senior size. Approx. 80m.<br>Divide into three zones –30/20/30m  | Half senior size. Approx. 90m x 40m Grid with centre circle. Divide into three zones –30/30/30m  |
| 2. The Team  | 6 or 9-a-side preferred – no rucks and rovers.<br>Unlimited reserves. Rotate players every quarter.   | 9 or 12 a-side preferred – no rucks and rovers.<br>Unlimited reserves. Rotate players every quarter.   |
| 3. Playing Time                                      | Up to 4 x 10 minute maximum quarters  | Up to 4 x 10 minute maximum quarters   |
| 4. Start of Play                                     | A. Ball up between 2 centre players<br>B. Players should be approximately equal size<br>C. Players cannot take full possession out of ruck contests.  | A. Ball up between 2 centre players<br>B. Players should be approximately equal size.<br>C. Players cannot take full possession out of ruck contests.  |
| 5. After a goal                                      | As in 4. Different players contest the ruck each time.<br>Goals can only be kicked by players in forward zone.  | As in 4. Different players contest the ruck each time.<br>Goals can only be kicked by players in forward zone.   |
| 6. Scrimmage   | No diving on ball. Umpire stops play. Free kick awarded to nearest opponent.  | No diving on the ball. Umpire stops play. Free kick awarded to nearest opponent.   |
| 7. Out of Bounds                                     | A. From a kick. Kick awarded to nearest opponent.<br>B. If doubt as to which team kicked the ball. Ball up 5m in<br>C. Off hands or body - ball up 5m in from boundary<br>D. Full possession rule.  | A. From a kick. Kick awarded to nearest opponent.<br>B. If doubt as to which team kicked the ball. Ball up 5m in.<br>C. Off hands or body - ball up 5m in from boundary.<br>D. Full possession rule.   |
| 8. Tackling  | Players cannot hold with hands, knock out of hands, push in side, steal the ball. Players given every opportunity to deliver ball i.e. No harassing.  | <b>Modified hand tackle rule. Hold and release the “jumper only” with one or two hands. Strictly no slinging or deliberately bringing the opposition player to the ground. Grabbing the arms or applying a wrap around tackle is not permitted. Players once tackled and released have 3 seconds to dispose of the ball.</b> |
| 9. Bumping   | No deliberate bumping. No deliberate contact is permitted.  | Strictly no bumping allowed.   |
| 10. Barging  | Barging, fending off or chopping with hands passed opponents is NOT allowed. A free kick shall be awarded.  | Barging, fending off or chopping with hands passed opponents is <b>NOT</b> allowed. A free kick shall be awarded.  |
| 11. Stealing/ Smothering/ Harassing/ Possession rule | Not allowed. The ball is possessed by the act of catching it, grabbing it or placing two hands on it when it is on the ground. Once the ball is possessed, all other players must back off to allow the player with the ball to kick or handball uncontested. | <b>Not allowed. Modified hand tackle only.</b>   |
| 12. Shepherding                                      | Player not permitted to push, shoulder or block opponent not in possession of the ball.   | Player not permitted to push, shoulder or block opponent not in possession of the ball.  |
| 13. Mark   | Any reasonable attempt to catch ball directly from kick irrespective of distance travelled. No standing on the mark. No playing on allowed.   | Any reasonable attempt to catch the ball directly from kick irrespective of distance travelled. <b>Opposition player encouraged to stand on the mark. Playing on is allowed.</b>   |
| 14. Bouncing the Ball                                | Player is permitted to bounce the ball only once then dispose of the ball.  | Player is permitted to bounce the ball only once then dispose of the ball.   |
| 15. Kicking off the Ground                           | Not permitted to deliberately kick the ball off the ground.   | Not permitted to deliberately kick the ball off the ground.  |
| 16. Order-off Rule                                   | To be applied. Penalty time is umpire discretion  | To be applied. Penalty time is umpire's discretion   |
| 17. Staying in Position                              | To stop congestion, umpire to instruct players to stay in zone.   | To stop congestion, umpire to instruct players to stay in zone.  |
| 18. Coaches  | Coach is allowed on the ground to teach.  | Coach is allowed on the ground to teach.   |
| 19. Spirit of the Game                               | Players and coaches to shake hands. Umpire to instruct players.   | Players and coaches to shake hands. Umpire to instruct players.  |
| 20. The Game   | No premiership points, no finals, no ladders, no match results, names of players published  | No premiership points, no finals, no ladders, no match results, names of players published.  |
| 21. Awards   | Participation, effort and skill achievement scheme.   | Participation, effort and skill achievement scheme.  |
| 22. Clearances                                       | Automatic clearance.  | Automatic clearance.   |
| 23. Tribunals  | No tribunal, discipline is the responsibility of the club.  | No tribunal, discipline is the responsibility of the club.   |